

**ottobock.**

# GoOn Ankle Foot Orthosis

Simply GoOn!



Quality for life

# 28U70 GoOn

## Light support for dorsiflexor weakness

Patients with mild conditions affecting the dorsiflexor musculature often find conventional ankle foot orthoses (AFOs) too bulky. Their acceptance of the device is low, particularly when they also have to adapt to wearing new or different footwear.

The GoOn acts as an entry-level option for end-users, helping them to become familiar with wearing a device and the benefits it offers. This AFO helps the user to hold their foot in a neutral position, walk more safely and avoid tripping. End-users can also wear the orthosis without footwear. Thanks to the device's dorsal spring, the sole of the shoe never comes into contact with the orthosis. This allows the user to wear practically any lace-up shoe, and even wear shoes with different heel heights. The spring filaments mean that the lifting force can be adjusted as required: the foot is gently guided and held in a torsionally stable manner. In contrast, similar systems that employ simple elastic bands lack this direct contact with the foot.

### Indications

Dorsiflexor weakness caused by

- Fatigue syndrome
- Problems with balance
- Dementia
- Parkinson's disease
- Stroke
- Traumatic brain injuries
- Multiple sclerosis
- Neuromuscular atrophy
- Peroneal palsy

### Contraindications

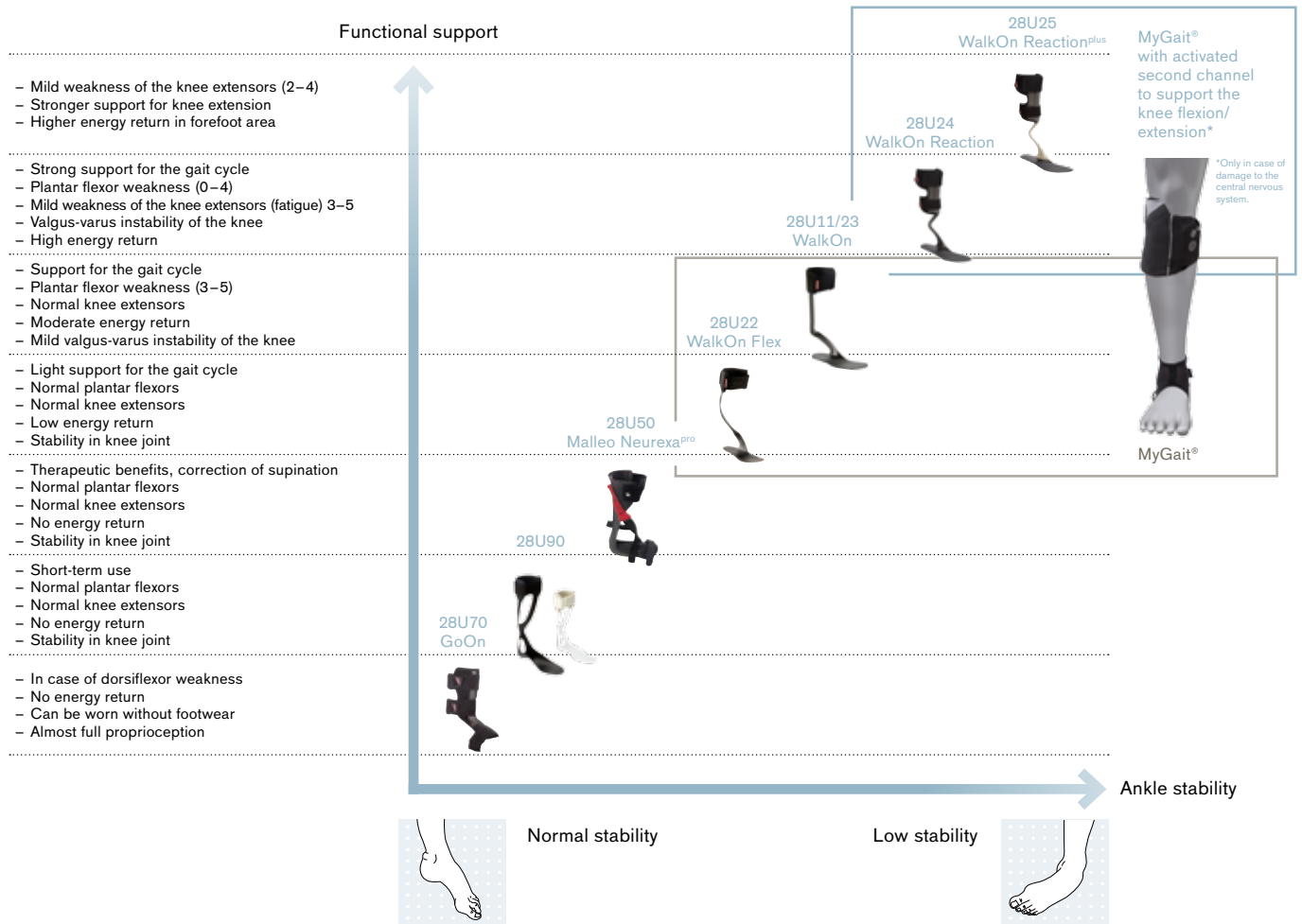
- Lower leg spasticity
- Moderate to severe oedema
- Leg ulcers
- Foot deformities
- Instability of the ankle joint in M/L direction
- Instability of the ankle joint in A/P and M/L directions



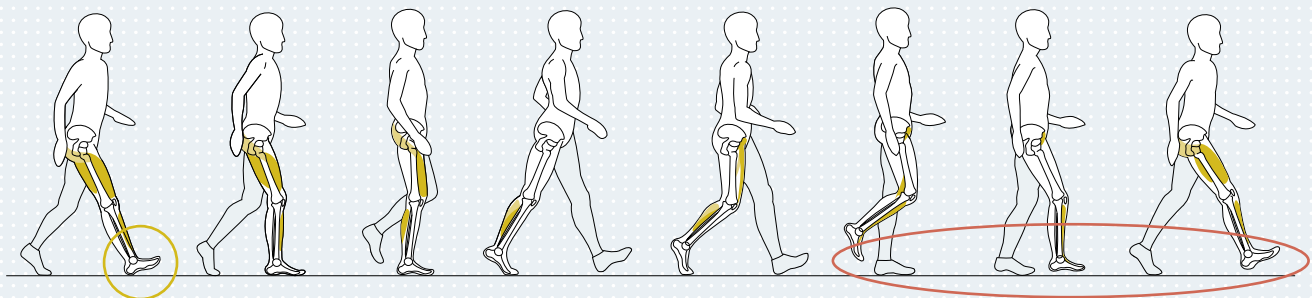
### Benefits at a glance

- Universal size (adult size)
- Easy handling and soft materials for high user acceptance
- Can be worn with or without shoes, regardless of heel height. If the AFO is worn barefoot, an additional hook-and-loop closure is required (included as standard)
- High proprioception as the AFO does not cover the heel and forefoot
- Easy to wash

## Differentiation within the product portfolio



## Support for the gait cycle with the GoOn



- Limited control over plantar flexion
- Support for dorsiflexion in the neutral position during swing phase

**Please don't hesitate to contact us if you have any further questions or you would like more information.**

